



CENTRE FOR INTERPERSONAL RELATIONSHIPS

2021-2022 RESIDENCY CLINICAL SEMINAR SERIES SCHEDULE

Facilitated by: Drs. Dino Zuccarini, Aleks Milosevic, C.Psych.
Fridays 7:30 a.m. – 9:30 a.m. (2 hours, unless specified otherwise)

The Clinical Seminar Series provides pre-doctoral psychology residents an opportunity to learn about the present-day, mainstream theoretical approaches to psychopathology, applied interventions within these schools, and how to consider person, personality and individual differences, culture and race/ethnicity in treatment. A framework to consider the integration of treatments and an integrative conceptualization of disorders is also proffered. Clinical case discussions and experiential role-plays will be used when appropriate to support learning of clinical theory and application.

- September 3, 2021 **Starting Up!** (Dr. Aleks Milosevic, C.Psych. & Dr. Dino Zuccarini, C.Psych.)
- Pre-Doctoral Residency at CFIR: Overview, Processes, & Procedures
 - Free Consultations: Process Overview; Converting to First Session (*Video)
 - First Sessions: First Session Checklist; Informed Consent; Confidentiality and Privacy; Consent to Release Information; Collaborative Goal Setting and Managing Treatment Expectations; Talking to Clients about Assessment; Session and Supervision Notes; Treatment Monitoring (ORS-SRS)
 - Intakes & Referrals: Intake Process; Assessing Appropriateness of Referral; Facilitating In-House Referrals; Release of Information; Website Profile as Referral Tool
 - Reach Backs/Emails: 1st Session, Post-2-3 Weeks, Final, End of Year, Vacation/Holiday Season
 - Clinician Self-Care: In-Session, After and Between-Session Care Strategies
- September 10, 2021 **Therapeutic Relationship, Assessment and Integrative Treatment** (Dr. Lila Hakim, C.Psych. & Dr. Dino Zuccarini, C.Psych.)
- Therapeutic Relationship: Client Retention Strategies (*Video); Therapeutic Relationship; Personality/Client-Factors
 - Assessment to Treatment: Moving from Goal Setting to Assessment (General Battery) to Diagnosis to Conceptualization to Treatment Planning to

Applied Intervention Considerations

General Battery Testing (*Video) & Case Conceptualization

Integrative Treatment; Being & Relating and Doing & Tasking: In-Session/Between Session Change; Epistemological and Ontological Considerations

September 17, 2021

Clients in Crisis, Complex and Difficult Clients, Person Factors in Treatment and Therapy Termination (Dr. Aleks Milosevic, C.Psych.)

Crisis and Risk Management: Managing In-Session Crisis; Suicide & Homicide Risk Assessment and Interventions; Complex Clients and Difficult Scenarios

Consideration of Personality, Individual Differences, Attachment Styles, Culture and Race/Ethnicity of Client

Termination: Practical and Clinical Considerations (*Video); Therapeutic Relationship Considerations; Complex Client Reactions

September 24, 2021

Ethics and the Professional Psychologist (Dr. Aleks Milosevic, C.Psych.)

Ethics and Jurisprudence: Standards of Professional Conduct; Ethical-Decision Making; Confidentiality and Privacy Regulations

The Psychoanalytic Narratives

October 1, 2021

Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Tricky Ethical Issues (Rick Morris; 3 hours; 9:00am-12:00noon)

October 8, 2021

Psychoanalytic/Psychodynamic Therapies: An Introduction (Dr. Dino Zuccarini, C.Psych.)

October 15, 2021

Attachment Theory (Dr. Dino Zuccarini, C.Psych.)

CCPPP Seminar: TBD (3 hours; 12:00noon-3:00pm)

- October 22, 2021 Attachment Theory & Mentalization (Dr. Dino Zuccarini, C.Psych.)
- October 29, 2021 Attachment Theory: Case Conceptualization & Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)
- November 5, 2021 Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Supervision (Dr. Diana Brecher, C.Psych.; 3 hours; 9:00am-12:00noon)

- November 12, 2021 Separation-Individuation Theory (Dr. Dino Zuccarini, C.Psych.)
- November 19, 2021 True Self-False Self / Self Psychology (Dr. Dino Zuccarini, C.Psych.)
- November 26, 2021 Self Psychology (Dr. Dino Zuccarini, C.Psych.)
- December 3, 2021 Self Psychology (Dr. Dino Zuccarini, C.Psych.)

GTA-Wide Seminar: Program Evaluation (Dr. Sean Kidd, C.Psych.; 3 hours; 9:00am-12:00noon)

- December 10, 2021 Levels of Personality Functioning (Neurotic versus Borderline) and Defenses (Dr. Aleks Milosevic, C.Psych.)

Program Evaluation & Supervision

- December 17, 2021 Program Development & Evaluation (Jonathan Samosh, B.A.); Evidence-Based Supervision & Evaluation of Supervision (Dr. Aleks Milosevic, C.Psych.)
- December 24, 2021 Holiday (office closed; no seminar)
- December 31, 2021 Holiday (office closed; no seminar)

The Existential-Humanistic-Experiential Narratives

January 7, 2022	Client-Centered Therapy (Dr. Dino Zuccarini, C.Psych.)
January 14, 2022	Existential Therapy (Dr. Lila Hakim, C.Psych.)
January 21, 2022	Perceptual Processing Therapy (Dr. Lila Hakim, C.Psych.)
January 28, 2022	Focusing (Dr. Dino Zuccarini, C.Psych.)
February 4, 2022	Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)
February 11, 2022	Emotion-Focused Therapy (Dr. Dino Zuccarini, C.Psych.)
	CCPPP Seminar: TBD (3 hours; 12:00noon-3:00pm)
February 18, 2022	Emotion-Focused Therapy: Case Conceptualization & Experiential Role Plays (Dr. Dino Zuccarini, C.Psych.)
	<u>The Cognitive-Behavioural Narratives</u>
February 25, 2022	Behavioural Therapy (Dr. Aleks Milosevic, C.Psych.)
	GTA-Wide Seminar: Early Careers (panel; 3 hours; 9:00am-12:00noon)
March 4, 2022	Cognitive-Behavioural Theory; Cognitive-Behavioural Therapy for Depression (Dr. Aleks Milosevic, C.Psych.)
March 11, 2022	Cognitive-Behavioural Therapy: Generalized Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)
March 18, 2022	Cognitive-Behavioural Therapy: Social Anxiety Disorder (Dr. Aleks Milosevic, C.Psych.)
March 25, 2022	Cognitive-Behavioural Therapy: Case Conceptualization & Experiential Role Plays (Dr. Aleks Milosevic, C.Psych.)
	CCPPP Seminar: TBD (3 hours; 12:00noon-3:00pm)
April 1, 2022	Cognitive-Behavioural Therapy: Obsessive-Compulsive Disorder (Dr. Marc Bedard, C.Psych. (Supervised Practice))

April 8, 2022 Cognitive-Behavioural Therapy: Transdiagnostic Issues (Dr. Aleks Milosevic, C.Psych.)

GTA-Wide Seminar: Providing Psychological Services to LGBTQ2S+ Clients (Dr. Leah Keating, C.Psych.; 3 hours; 9:00am-12:00noon)

Post-modern, Feminist, Anti-Oppressive Clinical Narratives

April 15, 2022 Working with Sex Workers in Therapeutic Practice (Katherine Van Meyl, M.A.)

April 22, 2022 Anti-Oppression Framework: Working with Diverse White, Asian, Latino/a, Middle Eastern, Black Communities (Dr. Lila Hakim, C.Psych. & Dr. Dino Zuccarini, C.Psych.)

April 29, 2022 Transference and Countertransference: Recognizing Your Own Socio-Cultural, Historical Biases and Embeddedness In-Session (Dr. Sela Kleiman, C.Psych.); Oppression in Cross-Cultural Counselling: Ethnoracial Minority Clients and White Therapists (Whitney Reinhart, M.A., R.P.)

May 6, 2022 Working with Gender, Sexual Diversity & LGBTQ+ Communities (Joshua Peters, M.A., R.P.)

Complex Trauma and Trauma-Informed Clinical Narratives

May 13, 2022 Complex Trauma and PTSD Treatment: An Introduction to Trauma-Informed Treatment (Dr. Dino Zuccarini, C.Psych.)

May 20, 2022 Polyvagal-Informed Treatment; Internal Family Systems (Dr. Dino Zuccarini, C.Psych.)

May 27, 2022 Reconsolidation Therapy (Dr. Genevieve Boudreault, C.Psych.); EMDR (TBD)

An Integrative Therapy Clinical Narrative

- June 3, 2022 Integrative Phase Specific Model of Treatment: 1) Safety-Security, 2) Stabilization-Activation, 3) Ego Strengthening & Resiliency, 4) Representational Change, 5) Mobilization & Consolidation (Dr. Dino Zuccarini, C.Psych.)
- GTA-Wide Seminar: CPO Registration Process** (CPO, hosted by Hincks/Sickkids; 3 hours; 9:00am-12:00noon)
- June 10, 2022 Introduction to Integrative Therapy: Transforming the Self-in-Relation to Self and Other Experience (Dr. Dino Zuccarini, C.Psych.)
- June 17, 2022 Depressive Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)
- CCPPP Seminar: Ethics in Social Media** (Dr. Amanda Marazan, C.Psych.; 12:00noon-3:00pm)
- June 24, 2022 Generalized Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)
- July 1, 2022 Holiday (office closed; no seminar)
- July 8, 2022 Social Anxiety Disorder: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)
- July 15, 2022 Eating Disorders: An Integrative Approach (Dr. Jean Kim, C.Psych.)
- July 22, 2022 Substance Use Disorders: An Integrative Approach (Dr. Aleks Milosevic, C.Psych.)
- July 29, 2022 Trauma-Related Disorders: An Integrative Approach (Dr. Dino Zuccarini, C.Psych.)

Treatment Termination

- August 5, 2022 Treatment Termination: Clinical, Practical & Ethical Considerations (Dr. Aleks Milosevic, C.Psych.)

Professional Identity & Licensing

- August 12, 2022 Professional Identity Development (Dr. Aleks Milosevic, C.Psych.)
- August 19, 2022 Licensing Requirements (Dr. Aleks Milosevic, C.Psych.)
- CCPPP Seminar: Transitioning from Students to Employee** (Dr. Joanne Savoie, C.Psych.; 12:00noon-3:00pm)
- August 26, 2022 Wrap-Up: Reflections and Evaluation (Dr. Aleks Milosevic, C.Psych., Dr. Lila Hakim, C.Psych, Dr. Dino Zuccarini, C.Psych.)